

Daily Spending Diary

List what you buy and how much you spend each day.
 Look for ways to change your habits and reduce your spending.

Day	What I bought	How much I spent
Sunday		
Monday		
Tuesday		
Wednesday		
Thursday		
Friday		
Saturday		
TOTAL for WEEK		



A Spending Diary helps you track where your money really goes. It is a good first step to planning your budget and savings goals, and also shows where you can cut down on your expenses.